# General & Diabetic Foot Health



Present by Dr. Dennis Tenenboym, DPM

**Podiatrist from Precision Foot and Ankle** 

When: January 25, 2023 at 12:00 PM

Where: Robert's Conner Family
Mobile Home RV Resort

3390 Gandy Blvd St. Petersburg, FL 33702

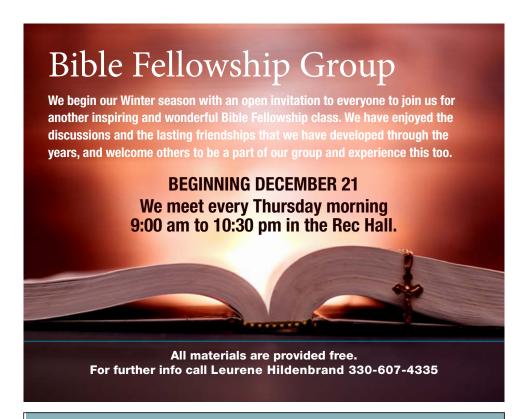




Welcome to Our 2023-2024

Community Park Events

Join in the fun!



#### LOW IMPACT AEROBIC CLASSES



JOIN US FOR THIS FREE CLASS Monday, Wednesday & Friday

8:30 to 9:30 AM in the Rec Hall

#### We are back for another season of toning our bodies, improving our health and gaining greater energy!

This class consists of a low aerobics workout, plus band stretching floor exercises and light weight training; all in one hour for a complete balance. We derive many benefits from a complete workout and help control osteoporosis with the light weights.

You are free to participate in any part or all of the workout of your choosing. If you have a mat (or towel) and weights, please bring them.

For Further info call Leurene Hildenbrand 330-607-4335



# Community POTLUCK DINNERS

4:00 - 6:00 PM



November 4 | December 2

January 6 | February 3 | March 2

PLEASE USE THE SIGN UP SHEET LOCATED IN THE CLUBHOUSE FOR ITEM YOU ARE BRINGING TO SHARE AND ATTENDEES









BEGINNING DECEMBER 6, 2023

in the Clubhouse



MORE INFO AVAILABLE IN OFFICE





#### **TEE OFF 11:00 AM**

at the Country Way Golf Club

Teams are made on Sunday prior to each Scramble



#### **POTLUCK DINNER**

at the Pavilion

5:00 PM

## AWARDS AND PRIZE DRAWING 4:00 PM

after each outing

WEDNESDAY, DECEMBER 13, 2023

WEDNESDAY, JANUARY 10, 2024

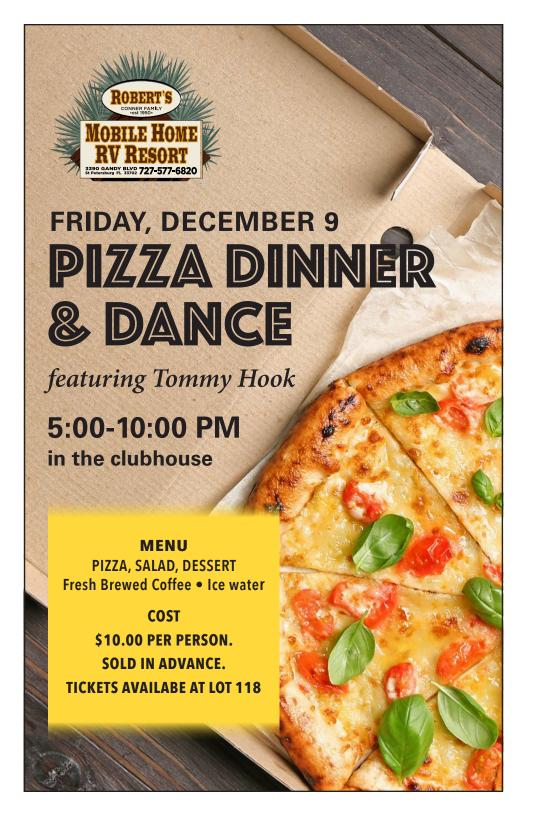
WEDNESDAY, FEBRUARY 7, 2024

WEDNESDAY, MARCH 6, 2024

WEDNESDAY, APRIL 3, 2024

Look for the sign up sheet in the rear area of the clubhouse.

Thank you Community Sponsors and Golf Committee: Hal, Gary and Rita.











### **DEC 25 4-6 PM**

in the clubhouse

IMPORTANT
Bring your own
table settings
(plate, utensils,
napkins), your
beverage and
a serving spoon
for your dish.

Sign-up sheet in the clubhouse for item you are bringing and attendees



## FRIDAY NIGHT BONFIRES

AT THE COMMUNITY FIREPIT



Musical entertainment Provided

All Are Welcome



## **EVERY OTHER FRIDAY EVENING**

6:30 PM



-- 2023 --

**NOV. 10** 

**NOV. 24** 

DEC.8

**DEC. 22** 

-- 2024 --

JAN. 5

**JAN. 19** 

FEB. 16

MAR. 1

MAR. 15









SPONSORED BY
ROBERT'S RED HAT SOCIETY

SAT JAN 20

#### **SOCIAL 4-5 PM | DINNER 6 PM**

Homemade Soup and Salad Bar Cornbread and Dessert / Coffee, Iced Tea or Coffee

### COST \$8.00 OR \$4.00 IF YOU DONATE SOUP (1 per household)

Large Salad Bar with accompaniments are provided.

If you are donating a homemade soup please sign the sheet when you purchase your tickets. All soups can be brought to the clubhouse between 3:30 and 4:45 pm (no later). (PLEASE NOTE that electrical outlets are not available)

You may bring a 6 section muffin pan to use for your soup selections as small insert cups will be provided.

#### **Buy Early - Only 100 Tickets Available.**

#### **Get your Tickets From:**

Donna Lane: Lot 465 Audrey Lane Jeanne Rankie-So: Lot 10 Lillian Lane

#### ALL PROCEEDS ARE DONATED TO THE ST. PETE FREE CLINIC

along with any non-perishable or personal hygiene items that you may wish to donate.







AT THE PAVILLION

HAPPY HOUR

HAPPY HOUR 4:00 PM

THU JAN 18<sup>th</sup>

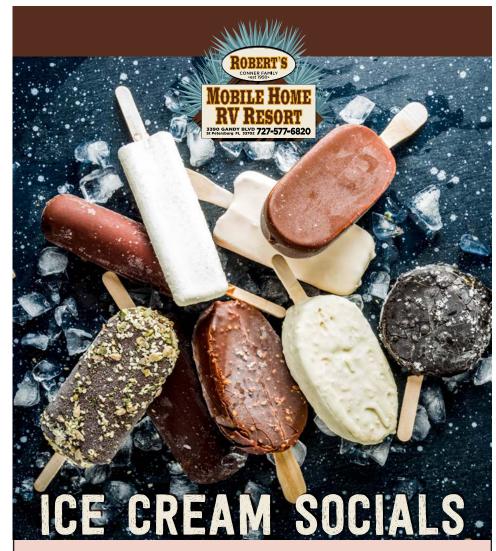
COME BET ON YOUR FAVORITE HORSE \$1.00 BETS

BRING A SNACK TO SHARE

FIRST RACE STARTS
AS SOON AS
ALL BETS ARE IN.



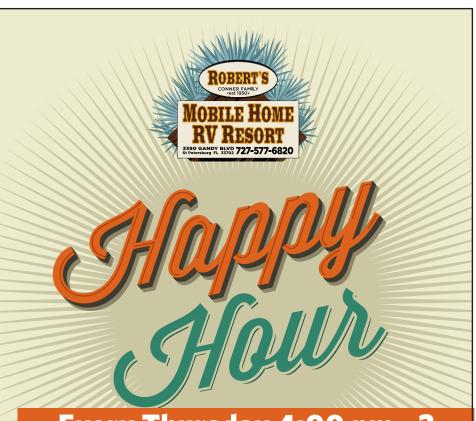
MORE INFO AVAILABLE AT OFFICE



Come chill out, meet your neighbors and enjoy a cool and refreshing treat on us!

12:00-1:00 PM IN THE CLUBHOUSE

JANUARY 21 FEBRUARY 18 MARCH 17



#### Every Thursday 4:00 pm -?

NOVEMBER 9TH
Salute to our Veterans

NOVEMBER 30TH
Join us for Christmas
decorating

**DECEMBER 7TH** Anniversary of Pearl Harbor

**DECEMBER 14TH**Old fashioned Card BINGO!

DECEMBER 21ST Yankee Gift Exchange and Golf Cart Parade DECEMBER 28TH New Year's Eve Celebration

JANUARY 4TH
Take down decorations

JANUARY 11TH - TBD

**JANUARY 25TH** 

Place your bets. It's time for the Horseraces

FEBRUARY 1ST Groundhog Day

FEBRUARY 8TH Mardi Gras FEBRUARY 15TH

Auction Day at the Horseraces

FEBRUARY 29TH Leap Year Celebration

MARCH 7TH - TBD

MARCH 14TH

St. Patrick's Day Celebration

MARCH 21ST

Derby Day at the Horseraces

MARCH 28TH Easter gathering



\$7.00 PER PERSON

TICKETS AVAILABLE TBD

Hors d'oeuvres and appetizers provided

CHECK THE BULLETIN BOARD INSIDE THE OFFICE AND OUTSIDE THE OFFICE FOR UPDATES.

## Ladies Luncheon



### Wed March 1 12:00 pm

in the clubhouse

Please bring a dish to share and your own table setting.

Coffee, Tea and Lemonade will be provide

Dress Accordingly VOLUNTEERS NEEDED
TO HELP SELL TICKETS,
DECORATE THE HALL,
AND SHOP FOR GIFTS
FOR THE DRAWING,
AND HELP PLACE FOOD.

#### \$3.00 per person

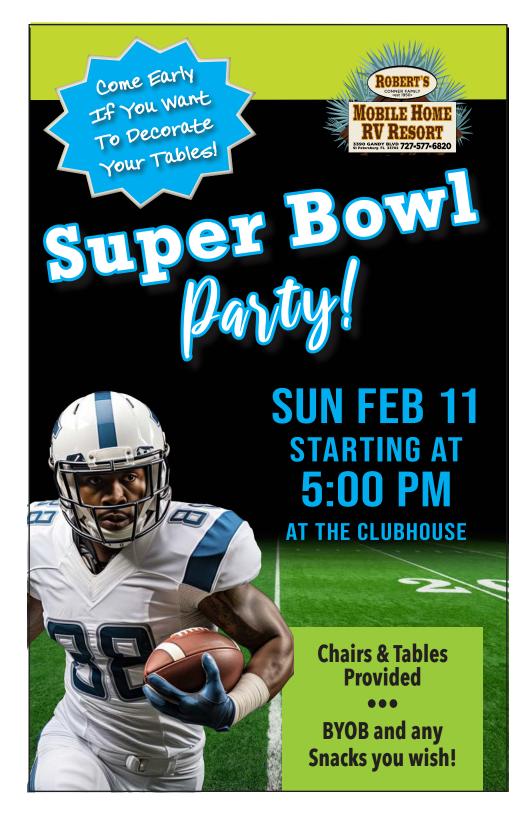
#### Tickets available:

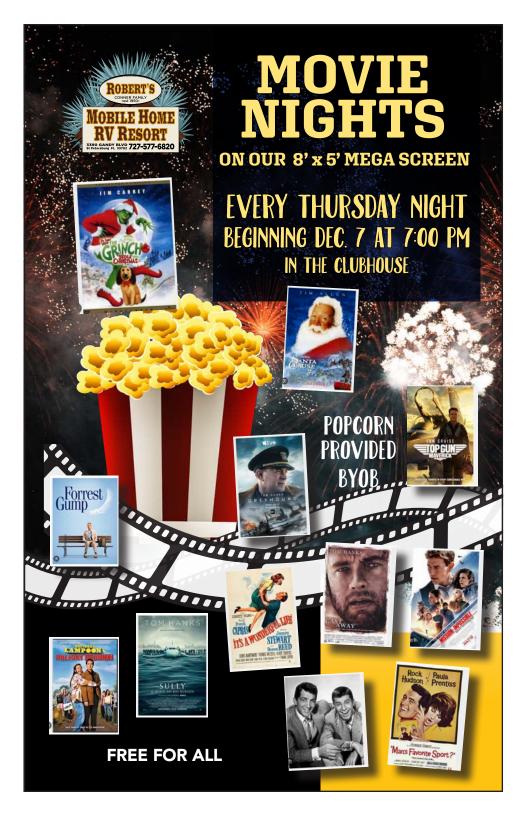
Margo Couture	Lot 160
Brenda McCoy	Lot 599
Annie Berrue	Lot 468
Rita Sundberg	Lot 616
-	





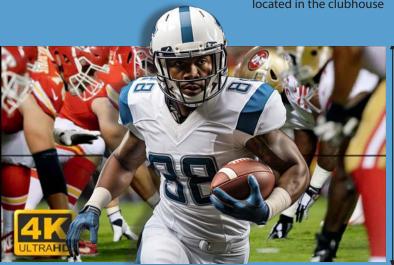






#### **COME WATCH THESE SHOW** STOPPERS ON OUR **MEGA 8 ft. x 5 ft. TV SCREEN**

located in the clubhouse



8 ft

- MONDAY NIGHT FOOTBALL
- MACY'S THANKSGIVING DAY PARADE
- SUPER BOWL
- "SWEET 16" NCAA MARCH MADNESS
- GOOD MORNING AMERICA
- WEEKLY MOVIE NIGHTS
- MONTHLY WELLNESS LECTURES
- BINGO
- AND MORE!

A great venue to relax, meet your neighbors, and entertain your family.

Table and chairs available

Bring a snack to share

**BYOB** 

Free Popcorn on **Movie Night** 









ST. PATRICKS DAY

GOLF CART
PARADE
SEPARTY



FRIDAY
MAR 15
PARADE 3 PM
LINE UP 2:30 PM



Participate with your decorated golf carts or bicycles!



HAPPY HOUR (or two)

at the Pavilion after parade



Bring a chair, a snack to share, and your drink of choice.



There will be music for your listening or dancing enjoyment.





Questions? Contact Jenny at (913) 486-9059.

## KAYAK TRIP

MOBILE HOME
RV RESORT

3300 Galadre 18 120 7 27-577-6820

#### **FEBRUARY 22, 2024**

Weedon Island Preserve is a 3,190-acre nature reserve with hiking paths, birdwatching, a paddling trail & canoe/kayak rentals.

Join us as we take a relaxing kayak journey through the Weedon Island Preserve! Our tour will begin by taking you into the pristine blue waters and seagrass meadows of the Weedon Island Preserve as we search for manatees and dolphins. After hanging out with our underwater friends, we will then make our way to the winding mangrove tunnels. These mesmerizing tunnels stretch for miles and are some of the longest tunnels in all of Florida. While paddling through these tunnels, be on the lookout for mangrove crabs, mullet, and countless varieties of birds that nest inside the mangroye forests. All

along the way our experienced tour guides will be answering all of your questions and will educate you about the history and wildlife of the Weedon Island Preserve. The Tour is conveniently located just 10 minutes from downtown St. Petersburg and 25 minutes from downtown Tampa. Public Restrooms will be available before and after all tours.

Weedon Island Preserve 1800 Weedon Drive NE St. Petersburg, FL 33702 (727) 453-6500

#### Weedon Island Kayak Trip Orientation

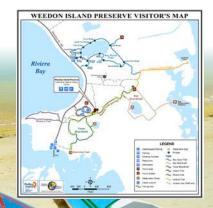
presented by ECOMERSION February 13, 2023 8:00 AM Clubhouse

Come meet the tour guides from Ecomersion.

Free Introduction to kayaking.

Kayaks will be at the orientation for you to try out.

Contact the office for more onformation. Reserve your spot early.



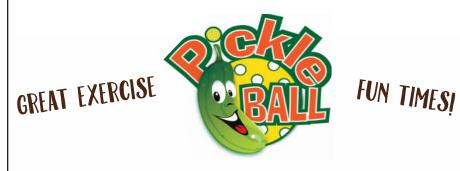


Our staff have years of experience, and are American Canoe Association and First Aid certified to ensure your safety and to make sure your ECOmersion kayak adventure will be the highlight of your day. Manatees, dolphins, sting ray, and bald eagles are just a few of the magnificent creatures that you can expect to see when kayaking or paddle boarding in Weedon Island Preserve. Your St. Pete kayak and SUP rental will also get you up close with the mesmerizing Florida mangrove tunnels as you travel through this relaxing, picturesque, natural Florida ecosystem.



Please use the SIGN UP SHEET IN THE CLUBHOUSE
FOR ITEM YOU ARE BRINGING to share AND ATTENDEES





## FRIENDLY PLAY NOT COMPETITION

WE CAN LEND PADDLES FOR YOUR FIRST TIME!

@ TENNIS COURTS WEATHER PERMITTING
@ PAVILION IF INCLIMATE WEATHER



AND SAT.

9:00 AM

BEGINNING

NOV. 2

FOR ADDITIONAL INFO CONTACT LIANNE TANNER LOT 386 (727) 256-4297